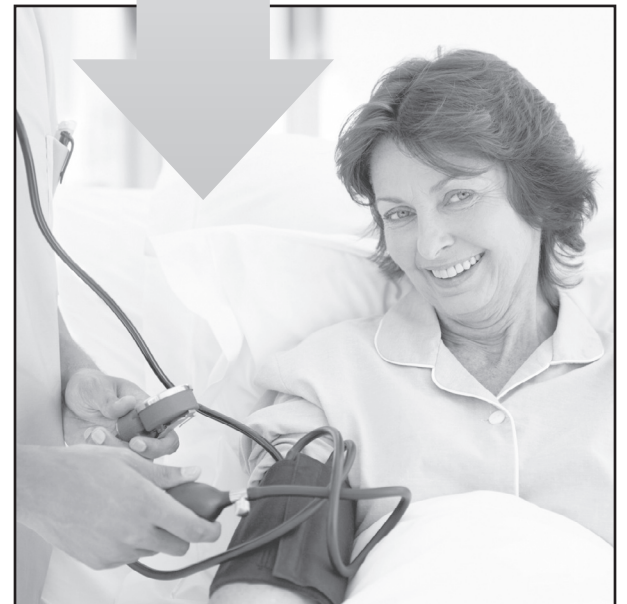




Study Shows That a **Chiropractic** Adjustment can **Lower Blood Pressure!**




Yes, you heard correctly, a recent study published in the Journal of Hypertension showed that a chiropractic adjustment to the upper neck can lower blood pressure. However, this adjustment to the upper neck was not the typical neck adjustment that most chiropractors administer. The adjustment in this study was one that only chiropractors trained in the NUCCA technique can perform. NUCCA stands for Na-

tional Upper Cervical Chiropractic Association. This association is responsible for training and certifying chiropractors in this adjustment technique that lowers blood pressure.

The significant observation of this study was that this chiropractic adjustment not only lowered blood pressure but sustained the lowered blood pressure until the study was concluded which was many months into the future. Furthermore, this upper neck adjustment lowered blood pressure as well as any of the best drugs and combination drugs available today but without any of the side-effects. Even more incredible was that every subject in the study responded and only 1 adjustment was necessary. In fact, the results of this study were so significant that the top medical researcher in the world decided to do a follow-up study

Many people are taking blood pressure medication but are suffering from side effects, which severely upset the quality of their lives. The NUCCA chiropractic adjustment to the upper neck could be a safe and effective alternative to blood pressure medications and all the side effects associated with these medications. Of course, more studies will need to be done before your medical doctor is going to recommend this adjustment to the upper neck. That doesn't mean you can't try it out right now.

This adjustment is effective for many other conditions as well such as migraine headaches, fibromyalgia, chronic fatigue, and neck and back pain to name just a few. The adjustment itself is very gentle with no forceful twisting and cracking of the neck. It feels like a slight pressure at the contact point located just below the ear. For more information and to see an actual picture of the adjustment being administered to a patient please visit my website at www.painfreelife.net. If you would like to make an appointment to see if you qualify as a good candidate for this procedure please call my office for a free consultation and exam. My office number is 916-965-7155. 

Get Your Life Back!

Upper Cervical Care is one of the fastest growing forms of natural healing in America. It is a form of chiropractic that focuses on the intimate relationship between the first two bones in the neck. It has helped with a variety of conditions including:

- Fibromyalgia
- Seizure Disorders
- Lower Back Pain
- Allergies
- Migraine Headaches
- Trigeminal Neuralgia
- Digestive Problems
- Arthritis
- Neck Pain
- Ear Infections
- ADD/ADHD
- Fatigue

Call Dr. Brett Gottlieb at (916) 965-7155 to schedule your **FREE CONSULTATION & EXAM** today!

Free Consultation & Exam
(Please mention this coupon when you make your appointment)



Upper Cervical
Chiropractic of Sacramento

Brett Gottlieb, DC

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